



Italian Style & Southwest Style

# Plant-based Crumbles

## Product Description

Plant-based crumbles that are as delicious as they are versatile.

## Heating Instructions

Keep frozen and cook from frozen state.

**Skillet:** Preheat skillet on medium heat. Add small amount of oil or nonstick spray to skillet. Remove crumbles from package and place in skillet. Heat and stir over medium heat for 7-8 minutes or until hot.

**Oven:** Preheat oven to 325°F. Remove crumbles from package and place on oven-safe baking sheet. Heat 5-8 minutes or until hot.

**CN Contribution: M/MA= 1.50 oz**

Italian CN 100439 / Southwest CN 100405  
Each 1.96 oz (1/2 cup) serving of Plant-Based Crumbles provides 1.50 oz equivalent meat alternate for Child Nutrition Meal Pattern Requirements.

## Product Attributes

- ✓ **Frozen**
- ✓ **No artificial flavors**
- ✓ **100% plant-based**
- ✓ **Bulk**
- ✓ **Gluten-free**
- ✓ **Fully Cooked**

## Italian Style Ingredient Statement

Water, Pea Protein, Spices, Soybean Oil, Salt, Chia Seed Powder, Methylcellulose, Garlic Powder, Onion Powder.

## Southwest Style Ingredient Statement

Water, Pea Protein, Soybean Oil, Salt, Contains 2% or less of: Spices, Chili Pepper, Smoked Paprika (for color), Sugar, Dehydrated Garlic, Chipotle Pepper Powder, Dehydrated Onion, Yeast Extract, Lactic Acid, Natural Flavors, Natural Smoke Flavor, Methylcellulose.

## Nutrition Facts

### Italian

### Southwest

| Serving Size         | 1/2 cup (56g) |     | 1/2 cup (56g) |     |
|----------------------|---------------|-----|---------------|-----|
| Calories per Serving | 90            |     | 110           |     |
|                      | % Daily Value |     | % Daily Value |     |
| Total Fat            | 4.5g          | 6%  | 7g            | 8%  |
| Saturated Fat        | 0.5g          | 3%  | 0.5g          | 3%  |
| Trans Fat            | 0g            |     | 0g            |     |
| Cholesterol          | 0mg           | 0%  | 0mg           | 0%  |
| Sodium               | 390mg         | 17% | 470mg         | 20% |
| Total Carbohydrates  | 3g            | 1%  | 3g            | 1%  |
| Dietary Fiber        | 2g            | 7%  | 1g            | 4%  |
| Total Sugars         | 0g            |     | 1g            |     |
| Added Sugars         | 0g            |     | 1g            | 1%  |
| Protein              | 8g            |     | 9g            |     |
| Vitamin D            | 0mg           | 0%  | 0mg           | 0%  |
| Calcium              | 90mg          | 6%  | 70mg          | 6%  |
| Iron                 | 2mg           | 10% | 2.1mg         | 10% |
| Potassium            | 90mg          | 2%  | 100mg         | 2%  |

## Product Specifications

|                                 |                              |
|---------------------------------|------------------------------|
| <b>Italian UPC/GTIN</b>         | <b>10642205036001</b>        |
| <b>Italian SUPC/Cargill #</b>   | <b>72237436/103581381</b>    |
| <b>Southwest UPC/GTIN</b>       | <b>10642205039026</b>        |
| <b>Southwest SUPC/Cargill #</b> | <b>7237437/103605947</b>     |
| Distributed                     | Frozen                       |
| Shelf Life                      | 365 Days Frozen              |
| Pack Size                       | 2.5 lb bags; 4 bags per case |
| Net Weight                      | 10 lbs                       |
| Box Dimensions                  | 12.8125" X 9.6875" X 6.625"  |
| Cube                            | 0.476 Cubic Ft.              |
| Pallet                          | 14 Tie X 9 High (126 boxes)  |
| Material Pack Type              | Bulk                         |
| CN Labeled                      | Yes                          |
| Religious Designation           | None                         |

For more information, visit us at  
[cravehousefoodservice.com/k12.com](https://cravehousefoodservice.com/k12.com)  
 Order today by contacting your Cargill Sales Representative